



**GILEAD**  
COMMUNITY SERVICES, INC  
Improving Lives, Building Futures

## Enrich Your Community by Hosting a Mental Health First Aid Training Course

### ***What is Mental Health First Aid?***

Mental Health First Aid (MHFA) training teaches people without clinical backgrounds how to help someone experiencing a mental health challenge.

### ***What does it mean to be a Gilead MHFA partner?***

Partners provide training space and marketing, and in exchange receive MHFA certification training for their employees or associates. Partner spaces should be able to accommodate at least fifteen participants and two trainers with audio/visual/Wi-Fi access.

### ***When will Gilead offer these trainings?***

Gilead will work with partners to coordinate dates and times. MHFA certification training is an 8-hour course. You can choose between one 8-hour session, or two 4-hour sessions.

### ***Why should my organization commit to this partnership?***

This is a unique opportunity to offer your employees, neighbors, and friends the chance to become MHFA certified. This training equips communities with the tools they need to effectively respond to mental health challenges safely.

***To become a partner, please contact Jennifer Peifer at [jpeifer@gileadcs.org](mailto:jpeifer@gileadcs.org)***

***To find out more information about Gilead, please visit [www.gileadcs.org](http://www.gileadcs.org)***

